

## HiYield Total RNA Maxi Kit (Blood/Bacteria/Cultured Cells)

| Cat. No.:              | YRBM10  | YRBM25 |
|------------------------|---|--------|
| <b>Product Name:</b>   | HiYield Total RNA Maxi Kit (Blood/Bacteria/Cultured Cells)  |        |
| <b>Reactions:</b>      | 10  | 25     |
| <b>Sample:</b>         | Up to 5 ml of whole blood, $10^8$ of cultured animal cells, $10^{10}$ of cultured bacterial cells |        |
| <b>Yield:</b>          | Up to 300 ug  |        |
| <b>Format:</b>         | Spin Column   |        |
| <b>Operation:</b>      | Centrifuge  |        |
| <b>Operation Time:</b> | Within 60 Minutes   |        |

### Introduction

HiYield Total RNA Maxi Kit (Blood/Bacteria/Cultured Cells) is designed specifically for purifying total RNA from fresh human whole blood and cultured cells. The entire procedure can be completed within 1 hour and the purified RNA is ready for direct use in RT-PCR, Northern Blotting, Primer Extension, mRNA Selection and cDNA Synthesis.

### Features

Ready-to-use RNA for many downstream applications.

Excellent Recovery of RNA.

Complete removal of contaminants and inhibitors.

### Components

| ITEM             | YRBM10 | YRBM25 |
|------------------|--------|--------|
| RBC Lysis Buffer | 175ml  | 405ml  |
| RB Buffer        | 60ml   | 130ml  |
| RT Buffer        | 30ml   | 60ml   |
| W1 Buffer        | 50ml   | 130ml  |
| Wash Buffer*     | 25ml   | 62.5ml |
| RNase-Free Water | 6ml    | 30ml   |
| RBM Column       | 10pcs  | 25pcs  |

\*Add absolute ethanol to the Wash Buffer prior to initial use (see the bottle label for volume).

### Applications

Purified RNA is ready for direct use in RT-PCR, Real-Time RT-PCR, Northern Blotting, Primer Extension, RNase Protection Assays, mRNA Selection, cDNA Synthesis.



### **Quality Control**

The quality of HiYield Total RNA Maxi Kit (Blood/Bacteria/Cultured Cells) is tested on a lot-to-lot basis. The kits are tested by isolation of total RNA from 3 ml of fresh human whole blood. More than 10 ug of total RNA was quantified with a spectrophotometer and checked by formaldehyde agarose gel analysis. Finally, RT-PCR was used to ensure the quality of total RNA.

### **Caution**

RB Buffer contains chaotropic salt which is a harmful irritant. During operation, always wear a lab coat, disposable gloves, and protective goggles.

### **References**

(1) Vogelstein, B., and Gillespie, D. (1979) Proc. Natl. Acad. Sci. USA 76, 615.

## Fresh Human Whole Blood Protocol

### Things to do before starting

Add absolute ethanol to the Wash Buffer prior to initial use (see the bottle label for volume).

Additional requirements: absolute ethanol, centrifuge tubes (RNase-free),  $\beta$ -mercaptoethanol, DNase I (2 KU/ml) mixed in a reaction buffer {50 mM Tris-HCl (pH 7.5), 10 mM  $MnCl_2$ , 50  $\mu$ g/ml BSA at 25°C}

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| <p><b>Step 1</b><br/><b>RBC Lysis</b><br/><b>/ Cell</b><br/><b>Harvesting</b></p> | <ul style="list-style-type: none"> <li>★Collect fresh human blood in anticoagulant-treated collection tubes.</li> <li>★Add 3 ml of whole blood to a sterile 15 ml centrifuge tube.</li> <li>★Add 3 X the sample volume of <b>RBC Lysis Buffer</b> and mix by inversion.</li> <li>★Incubate the tube on ice for 10 minutes (<b>briefly vortex twice during incubation</b>).</li> <li>★Centrifuge for 5 minutes at 500 x g.</li> <li>★Remove the supernatant completely and resuspend the cells in <b>200 <math>\mu</math>l of RBC Lysis Buffer</b> by flicking the tube.</li> </ul>   |
| <p><b>Step 2</b><br/><b>Cell Lysis</b></p>  | <ul style="list-style-type: none"> <li>★Add <b>5 ml of RB Buffer</b> and 50 <math>\mu</math>l of <math>\beta</math>-mercaptoethanol to the resuspended cells from Step 1 and shake vigorously (break up any precipitate with pipetting).</li> <li>★Incubate at room temperature for 5 minutes.</li> </ul> <p><b>Optional Step: DNA Residue Degradation</b></p> <ul style="list-style-type: none"> <li>★Add 10 <math>\mu</math>l DNase I (2 U/<math>\mu</math>l) to the 15 ml centrifuge tube.</li> <li>★Let stand for 5 minutes at room temperature.</li> </ul>  |
| <p><b>Step 3</b><br/><b>RNA</b><br/><b>Binding</b></p>                            | <ul style="list-style-type: none"> <li>★Add 2.5 ml of absolute ethanol to the sample lysate from Step 2 and shake vigorously (break up any precipitate with pipetting).</li> <li>★Place a <b>RBM Column</b> in a 50 ml centrifuge tube.</li> <li>★Transfer up to 10 ml of the ethanol-added mixture to the <b>RBM Column</b>.</li> <li>★Centrifuge at full speed for 5 minutes.</li> <li>★Discard the flow-through and add the remaining mixture to the same <b>RBM Column</b>.</li> <li>★Centrifuge at full speed for 5 minutes.</li> <li>★Discard the flow-through and place the <b>RBM Column</b> back in the 50 ml centrifuge tube.</li> </ul> |

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| <b>Step 4<br/>Wash</b>            | <ul style="list-style-type: none"><li>★Add <b>4 ml of W1 Buffer</b> into the <b>RBM Column</b>.</li><li>★Centrifuge at full speed for 3 minutes.</li><li>★Discard the flow-through and place the <b>RBM Column</b> back in the 50 ml centrifuge tube.</li><li>★Add <b>6 ml of Wash Buffer</b> (ethanol added) into the <b>RBM Column</b>.</li><li>★Centrifuge at full speed for 3 minutes.</li><li>★Discard the flow-through and place the <b>RBM Column</b> back in the 50 ml centrifuge tube.</li><li>★Add <b>6 ml of Wash Buffer</b> (ethanol added) into the <b>RBM Column</b>.</li><li>★Centrifuge at full speed for 3 minutes.</li><li>★Discard the flow-through and place the <b>RBM Column</b> back in the 50 ml centrifuge tube.</li><li>★Centrifuge at full speed for 3 minutes to dry the column matrix.</li></ul> |
| <b>Step 5<br/>RNA<br/>Elution</b> | <ul style="list-style-type: none"><li>★ Place the dried <b>RBM Column</b> in a clean 50 ml centrifuge tube (RNase-free).</li><li>★Add <b>500 µl of RNase-free water</b> into the center of the column matrix.</li><li>★Let stand for 5 minutes or until the water has been absorbed by the matrix.</li><li>★Centrifuge at full speed for 5 minutes to elute the purified RNA.</li></ul>   |

## Cultured Cells Protocol

### Things to do before starting

Add absolute ethanol to the Wash Buffer prior to initial use (see the bottle label for volume).

Additional requirements: PBS (phosphate-buffered saline), absolute ethanol, centrifuge tubes (RNase-free),  $\beta$ -mercaptoethanol, DNase I (2 KU/ml) mixed in a reaction buffer {50 mM Tris-HCl (pH 7.5), 10 mM  $MnCl_2$ , 50  $\mu$ g/ml BSA at 25°C}.

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| <b>Step 1</b><br><b>Cell</b><br><b>Harvesting</b> | <p><b><u>Suspension Cultured Animal Cells</u></b></p> <ul style="list-style-type: none"> <li>★ Transfer the cells (up to <math>1 \times 10^8</math>) to a 15 ml centrifuge tube and harvest with centrifugation for 5 minutes at 300 x g.</li> <li>★ Remove the supernatant completely and resuspend the cells in 200 <math>\mu</math>l of PBS or RBC Lysis Buffer.</li> <li>★ Proceed with the Lysis Step (Step 2) of the Fresh whole Blood Protocol.</li> </ul>   |
|   | <p><b><u>Adherent Cultured Cells</u></b></p> <p>If using adherent cultured cells, trypsinize cells before lysis or lyse cells directly in a culture dish.</p> <ul style="list-style-type: none"> <li>★ To trypsinize cells, remove the medium and wash cells with PBS.</li> <li>★ Aspirate PBS and add 0.10–0.25% Trypsin in PBS to trypsinize the cells.</li> <li>★ Once the cells have detached, add the medium and transfer them to a 15 ml centrifuge tube.</li> <li>★ Pellet cells as suspension cultured animal cells.</li> <li>★ Proceed with the Lysis Step (Step 2) of the Fresh Whole Blood Protocol.</li> </ul>  |
|   | <p><b><u>To Lyse Cells in a Culture Dish or Flask</u></b></p> <ul style="list-style-type: none"> <li>★ Remove the culture medium.</li> <li>★ Add <b>5 ml of RB Buffer</b> and 50 <math>\mu</math>l of <math>\beta</math>-mercaptoethanol to a culture dish or flask.</li> <li>★ Let the <b>RB Buffer</b> cover the dish or flask by shaking for 5 minutes.</li> <li>★ Collect the cell lysate with a rubber policeman and transfer it to a 15 ml centrifuge tube.</li> </ul> <p><b>Optional Step: DNA Residue Degradation</b></p> <ul style="list-style-type: none"> <li>★ Add 10 <math>\mu</math>l of DNase I (2 U/<math>\mu</math>l) to the 15 ml centrifuge tube.</li> <li>★ Let stand for 5 minutes at room temperature.</li> <li>★ Centrifuge at full speed for 3 minutes.</li> <li>★ Transfer the supernatant to a new 15 ml centrifuge tube.</li> <li>★ Proceed with the Binding Step (Step 3) of the Fresh Whole Blood Protocol.</li> </ul> |

## Bacteria Protocol

### Things to do before starting

Add absolute ethanol to the Wash Buffer prior to initial use (see the bottle label for volume).

Additional requirements:  $\beta$ -mercaptoethanol, centrifuge tubes (RNase-free), DNase I (2 KU/ml) mixed in a reaction buffer {50 mM Tris-HCl (pH 7.5), 10 mM  $MnCl_2$ , 50  $\mu$ g/ml BSA at 25°C}

Gram-positive bacteria: lysozyme buffer (20 mg/ml lysozyme; 20 mM Tris-HCl; 2 mM EDTA; 1% Triton X-100; pH 8.0). **Prepare the lysozyme buffer immediately prior to use.**

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| <b>Step 1<br/>Cell<br/>Harvesting</b> | <p><b><u>Gram-negative bacteria</u></b></p> <ul style="list-style-type: none"> <li>★ Transfer the bacterial culture (up to <math>1 \times 10^{10}</math>) to a 15 ml centrifuge tube.</li> <li>★ Centrifuge for 5 minutes at full speed and remove the supernatant completely.</li> <li>★ Vortex the cell pellet for 30 seconds.</li> <li>★ Add <b>2 ml of RT Buffer</b> to the tube and resuspend the cell pellet by vortex or pipetting.</li> <li>★ Incubate at room temperature for 5 minutes.</li> </ul>     |
|                                       | <p><b><u>Gram-positive bacteria</u></b></p> <ul style="list-style-type: none"> <li>★ Transfer the bacterial culture (up to <math>1 \times 10^{10}</math>) to a 15 ml centrifuge tube.</li> <li>★ Centrifuge for 5 minutes at full speed and remove the supernatant completely.</li> <li>★ Add 2 ml of lysozyme buffer to the tube and resuspend the cell pellet by vortex or pipetting.</li> <li>★ Incubate at room temperature for 10 minutes. During incubation, invert the tube every 2-3 minutes.</li> </ul> |
| <b>Step 2<br/>Cell Lysis</b>          | <ul style="list-style-type: none"> <li>★ Add <b>3 ml of RB Buffer</b> and 30 <math>\mu</math>l of <math>\beta</math>-mercaptoethanol to the sample lysate from Step 1 and mix by vortex.</li> <li>★ Incubate at room temperature for 5 minutes.</li> </ul>   |
|                                       | <p><b>Optional Step: DNA residue degradation</b></p> <ul style="list-style-type: none"> <li>★ Add 10 <math>\mu</math>l DNase I (2 U/<math>\mu</math>l) to the 15 ml centrifuge tube.</li> <li>★ Let stand for 5 minutes at room temperature.</li> </ul>  |
|                                       | <ul style="list-style-type: none"> <li>★ Centrifuge at full speed for 3 minutes.</li> <li>★ Transfer the supernatant to a new 15 ml centrifuge tube.</li> <li>★ Proceed to Step 3 RNA Binding.</li> </ul>  |

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| <p><b>Step 3</b><br/><b>RNA Binding</b></p> | <ul style="list-style-type: none"> <li>★ Add 2.5 ml of absolute ethanol to the sample lysate from Step 2 and mix immediately by pipetting.</li> <li>★ Place a <b>RBM Column</b> in a 50 ml centrifuge tube.</li> <li>★ Add up to 10 ml of the ethanol-added mixture to the <b>RBM Column</b>.</li> <li>★ Centrifuge at full speed for 5 minutes.</li> <li>★ Discard the flow-through and add the remaining mixture to the same <b>RBM Column</b>.</li> <li>★ Centrifuge at full speed for 5 minutes.</li> <li>★ Discard the flow-through and place the <b>RBM Column</b> back in the 50 ml centrifuge tube.</li> </ul>   |
| <p><b>Step 4</b><br/><b>Wash</b></p>        | <ul style="list-style-type: none"> <li>★ Add 4 ml of <b>W1 Buffer</b> into the <b>RBM Column</b>.</li> <li>★ Centrifuge at full speed for 3 minutes.</li> <li>★ Discard the flow-through and place the <b>RBM Column</b> back in the 50 ml centrifuge tube.</li> <li>★ Add 6 ml of <b>Wash Buffer</b> (ethanol added) into the <b>RBM Column</b>.</li> <li>★ Centrifuge at full speed for 3 minutes.</li> <li>★ Discard the flow-through and place the <b>RBM Column</b> back in the 50 ml centrifuge tube.</li> <li>★ Add 6 ml of <b>Wash Buffer</b> (ethanol added) into the <b>RBM Column</b>.</li> <li>★ Centrifuge at full speed for 3 minutes.</li> <li>★ Discard the flow-through and place the <b>RBM Column</b> back in the 50 ml centrifuge tube.</li> <li>★ Centrifuge at full speed for 3 minutes to dry the column matrix.</li> </ul> |
| <p><b>Step 5</b><br/><b>RNA Elution</b></p> | <ul style="list-style-type: none"> <li>★ Place the dried <b>RBM Column</b> in a clean 50 ml centrifuge tube (RNase-free).</li> <li>★ Add 500 <math>\mu</math>l of <b>RNase-free water</b> into the center of the column matrix.</li> <li>★ Let stand for 3 minutes or until the water is absorbed by the matrix.</li> <li>★ Centrifuge at full speed for 5 minutes to elute the purified RNA.</li> </ul>   |

## Troubleshooting

| Problem                           | Possible Reasons/Solution   |
|-----------------------------------|---|
| <b>Clogged<br/>RBM<br/>Column</b> | <ul style="list-style-type: none"> <li>★ Inefficient disruption and/or homogenization</li> <li>★ Too much starting material</li> <li>★ Centrifugation temperature was too low (should be 20-25°C)</li> </ul>            |
| <b>Low RNA<br/>Yield</b>          | <ul style="list-style-type: none"> <li>★ Insufficient disruption and homogenization</li> <li>★ Too much starting material</li> <li>★ RNA still bound to RB Maxi Column membrane</li> <li>★ Ethanol carryover</li> </ul> |
| <b>RNA<br/>Degradation</b>        | <ul style="list-style-type: none"> <li>★ Harvested sample not immediately stabilized</li> <li>★ Inappropriate handling of starting material</li> <li>★ RNase contamination</li> </ul>                                   |